Complimentary

July 2017

ROXANNE STEIN, WPTV/WFLX NEWS ANCHOR AND HER ADOPTEES, PUMBA AND TIMONE

Bartlett Animal Rescu

CAR & AIR TRAVEL TIPS FOR PETS HAPPY TALE RESCUE STORIES PET HURRICANE PREPARATION KEEPING PETS SAFE IN SUMMER HEAT

Welcome To JUSTIN BARTLETT ANIMAL RESCUE



WHO WE ARE

Justin Bartlett Animal Rescue is an ALL volunteer, ALL foster-based, nonprofit 501c3 group serving South Florida. Our Mission ~ To reduce the number of homeless, pregnant, nursing and orphan dogs and cats from becoming victims of shelter euthanasia. To host community events that promote pet adoption as well as educating the public on the importance of spay / neuter and humane treatment of animals. To provide low cost spay / neuter and veterinary care to economically challenged communities. ANIMALS SAVED TO DATE >6531 P.O. Box 210572 Royal Palm Beach, FL 33421 (561) 684-1010 justinbartlettanimalrescue.org

JUSTIN'S LEGACY

Justin Bartlett was a fine young man from Wellington, Florida, but his life tragically ended too soon. Justin's profound love of animals and his rescue-minded legacy live on in Justin Bartlett Animal Rescue. To learn more about this caring man with a huge heart for animals, visit

justinbartlettanimalrescue.org and click on 'Justin G. Bartlett'.

ADOPT

Don't shop, adopt! We'll help you find your perfect feline or canine match! Go to *justinbartlettanimalrescue.org* and click on 'Adoption' and 'Animals'.

VOLUNTEER

It takes a village! Join our dedicated team of volunteers, who all play a vital role in every aspect of rescue from fostering, transporting, working adoption or fundraising events, or even collecting supplies. Get involved at *justinbartlettanimalrescue.org*, then click on 'Get Involved'.

JUSTIN BARTLETT ANIMAL HOSPITAL

Our exceptional veterinary professionals provide low cost, caring treatment for your pet. This nonprofit, state-of-the-art veterinary facility is affordable and ready to care for your precious dogs or cats. 10405 Southern Blvd. Royal Palm Beach, FL 33411 (561) 795-9999 *justinbartlettanimalhospital.org*

CONNECT

Connect with us on Facebook to learn more at Justin Bartlett Animal Rescue Justin Bartlett Animal Hospital





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Find RESCUE TALES online at justinbartlettanimalrescue.org click Rescue Tales on left column



THE EDITOR

Pam D'Addio was born in Chicago and has lived in Palm Beach County since the age of 8. Her love for animals began, she says, "at birth"! Even as a tiny girl, Pam was saving, feeding, rescuing, and caring for every living critter she could find. As she grew older, her passion grew even stronger.

Pam is an active animal rescue volunteer locally with Justin Bartlett Animal Rescue and TriCounty Animal Rescue. She is also a member of TEAM PAWS Chicago, a group of marathon runners who raise funds for PAWS Chicago, a national model for no-kill shelters.

As a member of the American Humane Association's Red Star Rescue Team, she's also trained to deploy to disaster areas to rescue and shelter animals in emergencies.

Pam's long-time passion for writing makes her happiest when it's used to help raise awareness for animal rescue. "I want people to know that everyone can make a difference, no matter how large or small, so that we can reduce the number of homeless, neglected, abandoned and euthanized pets," she says.

When not busy with rescue work, Pam enjoys her own adopted pets!



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Justin Bartlett Animal Rescue (JBAR) is pleased to announce the opening of its new adoption center, located at its partner facility:

Justin Bartlett Animal Hospital, 10405 Southern Blvd., Royal Palm Beach

Adoption Center hours are: NOON - 4 PM, Tuesday - Friday 11 AM - 4 PM Saturday

Stop in for a meet & sniff! You may find your new BFF. Volunteers are welcome, and JBAR foster humans may bring their adoptable "house guests" for adoption.

JBAR will also continue to feature its adoptable pets at the PETCO weekend adoption events, and they can always be found online at *justinbartlettanimalrescue.org*







When a Miami veterinary technician investigated faint cries coming from her business's dumpster, she could not have imagined what she was about to see. Inside was a plastic container with its lid firmly in place. Opening the lid, she found a broken little dog, gasping for air. Upon examination, it was found to have a fractured pelvis, broken femur, torn ureter and other injuries, possibly from being beaten or hit by a car. The Chihuahua girl had surely been moments from death as she'd struggled to breathe in the container, but her luck changed in an instant.

Donna Morn and Amber

Justin Bartlett Animal Rescue (JBAR) volunteer Dale saw a post on Facebook about the dog, which was soon taken in by JBAR. Named Amber Rose, the dog proved to be a fighter as JBAR put her back together through multiple surgeries at its partner facility, Justin Bartlett Animal Hospital. During a 4-month period, Amber was nurtured back to health by loving foster-mom Amy. Once healed, Amber happily moved to her forever home with the Morn family.

"Amber is the sweetest girl, and she acclimated immediately to our family," said adopter Donna Morn. "She has no trouble on long walks, and her hind legs have strengthened so she's able to jump onto the sofa. She loves her toys, and she's given a boost of energy to our other dog, Sylvie. We are grateful to JBAR," added Donna. "Amber is a wonderful addition to our family, and we'll love her forever."



OUR COVER STORY ROXANNE STEIN

Animal-loving News Anchor Promotes Adoption



She's the reliable Palm Beach County news anchor you've trusted for decades, and you can hear the passion in her voice when WPTV/WFLX's Roxanne Stein reports news about animals. Whether she's reporting on animal cruelty or spotlighting puppies or kittens for adoption, she's compassionate while always professional. Off-air, she's a fierce advocate for animal adoption.

Roxanne is a proud farmer's daughter, molded by her deep roots in agriculture. Raised in Lancaster, PA, Roxanne grew up as a member of the 4H Club. She loved all animals — from the horses she rode, to the barn cats and dogs she lavished with attention.

She went on to earn an agriculture degree from Penn State. "Sounds like a normal path for a career in broadcasting, right?" she jokes.

Always fascinated by the news, Roxanne wanted to cover the events that shape and change our world. "I love news," she says. "I love covering news." After snagging her first job at an NBC affiliate, she worked her way up, becoming the first female news anchor in the Lancaster market. Her rising career later led her to Pittsburgh and eventually to South Florida.

"I'm fortunate to have covered many major events," says Roxanne. She has covered Democratic and Republican national conventions, the U.S. hostages' visit to the White House on their return from Iran, the Challenger tragedy, the 2000 Presidential election and recount, and the horrific events of 9/11. Even so, she says, "There are no little stories. Each one is about people with something at stake. I enjoy meeting these people, and I know their stories are important. I enjoy telling their stories."

Roxanne also enjoys telling the stories of animals who can't speak for themselves. When it comes to reporting animal stories, happy or sad, they all touch Roxanne's heart. She helps make a difference by adopting her own pets and advocating for others.



Roxanne and long-time co-anchor John Favole

"Adopt, don't shop," she says. "If you love animals and you know that these animals have a very tragic fate if they're not adopted, give one a home."

She points out that even someone who desires a particular breed of cat or dog can find a new pet through a breed-specific rescue organization, of which there are many.

Her own rescue journey began years ago. Although she was more of a "dog and horse person" at the time, Roxanne

adopted a cat when she was working long hours in Pittsburgh. She missed animal companionship and knew that cats require a bit less time and care. Lucky, the first of the beloved adopted felines in her life, lived 21 years with Roxanne. Her next cat, Simba, became her "heart cat," never, ever leaving her side after Roxanne rescued him from life as a stray. In fact, she frequently wears a necklace her husband gave her as a loving remembrance of her beloved Simba — you can see it in our cover photo.

The next Roxanne rescue cats are the two currently in her life. Although she knew she wanted to adopt, she says she was unable to

go into Palm Beach County Animal Care and Control (PBCACC) without crying over all the homeless pets she did that once while filming a news segment there. So she called the shelter and asked if they could bring out a cat for her to adopt, in the parking lot! Out came the most gorgeous long-haired orange kitten, immediately loved and named Timone. Almost eerily, he soon acted just as Simba had, following his new mom everywhere in the house. Timone was so playful that Roxanne



thought he needed a sibling. Weeks later, she called PBCACC and once again requested a special delivery to the parking lot. This time she adopted the black-and-white tuxedo kitten she named Pumba. She jokingly refers to them as "twin brothers."

Roxanne and her husband, Steve, live happily now with these two lucky rescue kitties. Roxanne also enjoys her horse, Bamboo, a jumper that she calls "a perfect horse." The pair competed together for years, but he's now 23 years old, so they enjoy daily trail rides, fun and affection instead. Roxanne describes him as "gorgeous, healthy and fit."

The busy news anchor says she'd like to adopt a dog in the future. She rescues dogs and cats she sees wandering, taking them first to her veterinarian to check for a microchip and then turning them over to PBCACC for adoption. She gives strict directions to be alerted if the animal is not adopted and is at risk, becoming their protector and safety net if needed. The Steins have also been known to fund the sterilization of feral cats through Trap, Neuter and Release programs, and to assist people with adoption or veterinary fees to help place and keep pets in homes. In addition, they've supported various animal rescue organizations through events and fundraisers.

The energetic, athletic woman who brings you "the news you need to know" begins her day bright and early in the newsroom, but the afternoons belong to trail rides with Bamboo and snuggles with Timone and Pumba. Life is good in the Stein home!

Be like Roxanne — save a life!



Roxanne and Bamboo in competition





I am so joyous and grateful for my love, Luna (previously known as Vixen). She is the happiest little princess. My boyfriend jokes that she is going to turn into a spoiled brat because I'd give her the world.

She filled a void in my heart that I was unaware was empty.

She has funny little quirks that make me love her even more. She loves to take ALL her toys out of her bed before I leave for work, just to watch me pick them up again. It's so funny watching

her run around like crazy when I get home. She has adjusted to life at my house very well. I would like to end with a huge thank you and appreciation for Justin Bartlett Animal Rescue and for Justin Bartlett Animal Hospital. I love that the vet and nurses already knew her and what an easy, pleasant experience it has been. I love my experience with Justin Bartlett!



— Luna's grateful adopter



July 4th is a wonderful, all-American time of celebration, but to pets it can be a traumatic and dangerous night. Animal shelters nationwide report increases in the number of lost or stray pets taken in around July 4th. Keep your animals healthy, safe, and happy with some simple tips and forethought.

The fireworks that Americans love so much are a terror to some dogs and cats. The high-pitched whines, bangs, and squeals with falling embers at unexpected moments is enough, but coupled with explosions, your pets have a pretty scary night ahead. The sounds, the smells of gunpowder, and flashes of light can startle even the calmest pets into a panic. They can usually sense a storm as it approaches, and they've been through them often, but fireworks are an unpredictable, once-a-year mystery to them. Fireworks can cause their innate flight instinct to kick in, so it's very important that you have an ID tag on your pets! They should also be microchipped because collars and tags can fall off.

Make decisions early about where your pets will ride out the night.

• If you're attending the fireworks, it's probably best to leave your pets at home, where they'll be more comfortable. Ask a friend, neighbor, or sitter to stay with them.

• If that's not possible, a familiar kennel or crate may be a good option to help them feel safe.

• Give your dog an extra-long walk or play session before leaving, so he'll be tired and content.

• Small rooms, such as bathrooms, also make a good den for pets for the evening. Add favorite things, and remove items that can be chewed.

- Turn on a television or radio.
- Close all doors and blinds or curtains.

• If you already know that your dog has severe "fireworks anxiety," check with your veterinarian for options to calm him, or look into products such as those at ThunderShirt.com. If you're staying home and having guests over:

- Crating, kenneling, or confinement in a quiet, comfortable room is still a good option. Doors will be opening and closing, and a panicked pet can bolt, even if that's not his normal behavior.
- Food can be a real danger. Chicken bones and trash cans with food spoiling in the summer heat are tempting yet perilous.
- If you're grilling, keep him away from the hot grill.
- Be mindful of your pet's access to decorations that may be a danger, and such threats as citronella candles, torches, and insect repellant.
- Be sure to clean up carefully, especially bits of fireworks or sparklers, and all food.

If your dog does ingest something he shouldn't, contact your veterinarian, or call the ASPCA Animal Poison Control Center at 888-426-4435. There is a \$65 consultation fee, but the center operates 24 hours a day, 365 days a year to take your call. (It's a good idea to add this number to your cell phone contacts).

Stay safe, keep your pets safe, and enjoy a patriotic, fun celebration of the founding of our great nation!



SAFETY TIPS FOR FUR-ICANE SEASON

Keeping Your Pets Safe This Hurricane Season

It's summer in South Florida, and you know what that means – it's officially hurricane season. Although we're fairly experienced with our hurricane preparation, have you given thought to keeping your pets safe should a storm threaten us? Don't wait — make a safety plan now.

~ Never leave your pets behind if you evacuate! Animals left "to fend for themselves" often suffer starvation, predators, contaminated food or water, accidents, and exposure to the elements.

~ Make plans for where you'll go if you evacuate, and consider your pets' options. Many emergency shelters DO NOT allow pets. Find out now which ones do.

~ If you hit the road with your pet, be mindful of tips to protect him from heat. Prepare in the same way you would for a vacation with him. Read "Are We There Yet?" in this issue for more safety tips.

 \sim If you plan to fly from the area, plan ahead and read "When the Fur Flies" in this issue for more tips.

~ Use smartphone app to help you find pet-friendly lodging, dog parks, and rest areas along your route. Download weather apps to help track the storm.

~ Whatever your plans, make sure your pet has ID that links him to you if he becomes lost. TAG YOUR PET AND HAVE HIM MICROCHIPPED. Forty percent of dogs in shelters are there because they were lost and became strays. When a hurricane threatens, add extra ID for your pet with the contact info of family or friends who live outside the area. You can have that extra tag made at your closest pet store and keep it in your hurricane prep packet.

 \sim Be sure your pet is up to date on his vaccinations; keep his current photo and travel-ready copy of his records in a waterproof bag.

 \sim Keep enough food (yep, waterproof bag!) and water, as well as bed, toys, and treats ready to bring with you.

~ Have a strong leash and collar, complete with the ID and rabies tags.

~Keep a well-labeled carrier or crate for your pet, with all your contact info marked on it, ready to go if you need to leave.

Palm Beach County Animal Care and Control operates a pet-friendly shelter that is activated for PB County residents living in mandatory evactuation zones or moblie homes. Pet owners must pre-register online (recommended) at *www.pbcgov.com/animal*, or call (561) 233-1266 for more information. Humans and their pets can stay at the shelter, which is in Lake Worth, but not together. Pet owners are given a schedule to attend to their pet's needs in an adjoining area. This facility can house about 300 people, 400 cats, and 250 dogs.

Animal Shelter Preparation

Are you wondering how local animal shelters prepare to keep their "guests" safe in a hurricane? Both Tri County Animal Rescue (TCAR) in Boca Raton and Palm Beach County Animal Care and Control ensure there is plenty of food, water, and medication to care for all their animals before a storm approaches. Shelter staff members often work overtime. At Tri County, employees even spend the night with the animals, keeping vigil for their safety.

Animal Care and Control has a Disaster Response Team that can send a mobile unit to assist animals in need after a storm passes and can set up temporary shelter or "tent cities" if needed. Stray, untagged animals found after a hurricane should be reported to them.

When the storm has passed, use extreme caution in returning to your property. Don't let your dog loose until you've checked the security of fences and made sure your yard is free of dangerous debris. Clear any dirty standing water, and beware of snakes or other animals that may have been displaced in the storm and could pose a danger to your pet.

Plan now to stay safe this "FUR-icane" season!

Spaying and Neutering Saves Lives!

Each year, 6-8 million dogs and cats are turned in to (or picked up by) shelters in the USA.

Over half of the healthy, adoptable animals are euthanized because there simply are not enough homes available.

Over a 7 year period, 1 female cat + 1 male cat + their offspring can produce 420,000 cats.

Over a 6 year period, 1 female dog + 1 male dog + their offspring can produce 67,000 dogs.



Don't be part of the problem; be part of the solution.

Spay and Neuter Your Pets!

OUR ANIMAL HEROES THANK YOU TO THESE ANIMAL HEROES FOR THEIR ONGOING SUPPORT OF JUSTIN BARTLETT ANIMAL RESCUE

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My friend's dog had pyometra and I'm wondering if my own dog is at risk. Can you tell me about the symptoms, diagnosis and treatment? ~ Liz Schultz

Let's talk about pyometra. First of all, what does pyometra even mean? A pyometra is an infection of the uterus. Purulent material (pus) accumulates inside the uterus. It can occur in any unspayed female after puberty but is most common after 5-6 years of age. It is important to realize that this is a life-threatening illness that is definitely an emergency! This infection can kill an otherwise healthy animal. There are two types of pyometra: open and closed. In an open pyometra, the discharge is seen leaking from the vulva. It may be white, yellow, bloody or a mixture of the three. In an open pyometra, there may or may not be other signs of illness. In a closed pyometra, pressure from the purulent material is building up inside the uterus, and there is no discharge. There are normally other signs of illness in this case, and this type is even more dangerous.

Other symptoms can include vomiting, not eating, lethargy, depression, urinating and drinking excessively, and abdominal distention. I have even seen dogs present for "not walking properly" and other signs that were caused by a pyometra.

How does your veterinarian determine that your dog has a pyometra? Pyometra is strongly suspected if there is purulent discharge coming from the vulva of an unspayed female. Bloodwork can show several abnormalities such as anemia (low red blood cells), leukocytosis (high white blood cells), and elevated kidney and liver values. Abdominal radiographs (X-rays) will show a large fluid-filled uterus. A radiograph cannot distinguish between a pyometra and pregnancy less than 45 days, but an ultrasound can easily make this distinction. Medical treatment can be tried for animals of high reproductive value, but that is not performed in a shelter or

nonprofit setting. The treatment of choice is stabilization and emergency ovariohysterectomy (spay). The patient will require IV fluids and antibiotics afterward.

> ~Crystal Ramsey, DVM Justin Bartlett Animal Hospital justinbartlettanimalhospital.org



AT ANY GIVEN MOMENT YOU HAVE THE POWER TO SAY "THIS IS NOT HOW THE STORY IS GOING TO END"

Sweet ABBY, home and loved by the Chandeck family Adopted in 2006 from the Humane Society of Broward County



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Thank you and Good Luck KRISTINA SALTZMAN



Every rescue organization needs key partners to help promote their animals, and Justin Bartlett Animal Rescue (JBAR) has had a passionate partner by its side from the start. JBAR would like to express love and gratitude to a woman who has gone above and beyond in helping our rescues. Meet Kristina Saltzman, owner of Native Sun, a contemporary women's clothing boutique on Atlantic Avenue in Delray Beach. She is closing the store soon to pursue other dreams, but whatever her next endeavor, we wish her well and know she'll keep making a difference.

Kristina has used her store for years as a platform to help society's most vulnerable. Maybe you've strolled down Atlantic Avenue, doing a little window shopping, and come across a beautiful glass storefront filled with ... rescue puppies! Twice a year, Kristina hosted JBAR adoptables as she transformed her window into a comfy haven for the dogs to be admired from the street. Of course, many people then went inside, asked questions, learned, donated, or adopted.



Besides providing these events to raise awareness and find loving homes for dogs in need, Kristina also donated raffle items from her store for every JBAR auction, and she attended and worked fundraisers. Always thinking of creative ways to raise awareness, she even paired homeless dogs with her human models when Native Sun was featured on a WPTV segment about seasonal fashion. She and Native Sun have been partners that JBAR could count on for unending support. Kristina's heart also leads her to work closely with HomeSafe, a nationally accredited nonprofit organization protecting Palm Beach County victims of child abuse and domestic violence.

Justin Bartlett Animal Rescue is sad to see her close Native Sun, but Kristina will surely continue to be a strong champion for animals in need.

THANK YOU, Kristina, for your support, passion, and efforts in raising awareness and helping JBAR pets find their forever homes. Best of luck to you as you move forward! (*Kristina shown at far right in photo below*)



*Are you a business owner who'd like to help save animals? Contact *justinbartlettanimalrescue@gmail.com*, and let's work together to find creative ways you can help. Thank you!

A HOPPY TOLE OLLIE & MURRAY FROM HOMELESS IN FLORIDA TO HAPPY IN NEW HAMPSHIRE



How do two dogs rescued in South Florida wind up 1,400 miles north as happy, loved New Englanders? And how do they adapt to playing in snowstorms? (VERY WELL, THANK YOU!)

It's the Happy Tale of two dogs that were rescued separately by Justin Bartlett Animal Rescue (JBAR) and adopted by a mother and daughter in New Hampshire. First, more than a year ago, daughter Katie found online photos of a Pit Bull mix rescued by

Justin Bartlett Animal Rescue. She knew she had to have the pup, and arrangements were made to have it flown up north. The two met and bonded the second the dog came off the plane. Soon after, now named Murray, the dog was having a romp with her mom's pup, Sofie, when mom Gail said she'd really like to adopt a sibling dog for Sofie.

The two women contacted JBAR again and were told about a pup that had recently had been returned to the rescue organization just months after his adoption. The 6-month old Shepherd mix had been mostly crated by his owners and had received little training. A handsome, gangly boy with soft, long hair and bright eyes, he immediately caught Gail's heart. "I wanted to give this adorable puppy a family he could stay with and be a part of," said Gail. Plans were set in motion to transport him from Florida to New England.

A JBAR volunteer drove the pup to an animal transport airline in West Palm Beach for his flight, but stormy weather around the Bedford, Massachusetts destination delayed the flight several hours. As the volunteer waited with the pup, she did two things: She fell in love with him and threatened to keep him herself, and she texted MANY pictures of him to his anxious new mom, waiting at the other end.



Finally, after a very long day, the JBAR rescue pup arrived at his new home, a bit scared and unsure. He had weathered many changes in his young life, but he did what dogs do: He got on with the business of overcoming his past.

With love and a bit of professional training, he's now a mannerly boy with a happy life. Gail gave him a new name, Ollie, to give him a fresh start. He spends his days romping with Sofie, enjoying cruises on a pontoon boat, and making everyone around him happier. His first New Hampshire winter was a blast, too, as he played in the cold white stuff the snowstorms brought. He thought it was great fun, and napping always followed!

"Ollie is a fantastic dog who's adapted to us and our family, kids, and dogs very well. He's doing amazing with his manners. He sits, lies down, waits, and stays with a one-word command and hand-signal commands," says Gail.

"He was so afraid when we first got him, and to see the change is heartwarming. He's where he belongs and where he'll stay. He'll have the life all pets deserve."





ARE WE THERE YET? ROAD TRIPS WITH YOUR DOG

Yell, "ROAD TRIP!" and your dog is likely to come running! Granted, he will come running any time you yell excitedly, but we all know that most dogs are ready to join any fun we suggest, and that includes car rides. Here are some great tips for car travel with your best buddy this summer.

• What type of traveler is your dog? It's important that he enjoys car rides and is an experienced passenger before embarking on a long trip. If not, start early with short rides in the car to get him used to the drive.

• Is your dog healthy? (Older or ill dogs need extra-special care and planning or should not travel long distances at all.) Make sure he's up-to-date on all vaccinations. From your vet, obtain a health certificate and a copy of his medical records to take on the trip.

• If you think your dog may become carsick, discuss this with your vet. Never give motion-sickness medications without veterinary advice.

• Be aware of the heat and its effect on your dog. (See the article *Heat Tips For Cool Dogs* on page 26 in this issue).

• Keep your dog collared and tagged always. Be sure his tag contains your cell phone number, not your home number. If he's not already microchipped, have it done by your vet. Tags and collars can break and fall off. With a microchip, your dog can be traced to you with a hand-held scanner in any shelter or veterinary office.

• Plan ahead! Map out your trip, and know where you can find dog parks and dog-friendly beaches, lodging, or camp-grounds. Find pet stores, groomers, or dog-boarding facilities you may use. There's an app for all that! Do some research now.

• Pack his bag. Be sure to bring his medical records and health certificate, a current picture, any meds or supplements, his own quality food and treats (the interstate is no place for a change of diet), plenty of fresh water, bowls, leash, toys, his bed, and bags for waste pick-up.

• Be courteous of others. Pick up after your dog wherever you are, and keep him from bothering anyone who's not interested in receiving his wonderful, sloppy kisses! Keep him from barking and infringing on the vacation time of others in hotels.

• Keep your dog's routine as intact as possible with feeding times, walk times, play time, and down time.

• Over 30,000 auto accidents per year are credited to unrestrained dogs in cars. A crate works well to keep everyone safe, or most pet stores and outlets also sell pet restraints (yes, doggie seat belts). Also available are wire grid dividers that can keep him in his area of the car or SUV. Explore the options, and choose what works best for your dog and the space you have.

• If your dog is large and needs help getting into and out of your vehicle, which he'll need to do often on a trip, check for ramps, sold at pet stores and online. If you purchase one, practice beforehand — with treats! Some dogs balk at using them at first.

• Stop every hour or two at a grassy, safe area. Keep your dog leashed, but let him walk around and have a drink.

• Feed your dog at least 3 hours before hitting the road to prevent stomach upset.

Help your dog be a happy traveler, so you can both enjoy a summer vacation. If you'd rather choose airline travel this summer, check out *When The Fur Flies* on page 28 of this issue of *Rescue Tales*. Happy Tails ... errr ... Trails!





WOMAN ADOPTS AND TRAINS HER OWN SERVICE DOG

This amazing story is in honor of National Assistance Dog Week, August 6-12, 2017

It's amazing to see a disabled person and a service dog working as a team. Side by side, step for step, the animal fills the gaps of the person's abilities like missing pieces of a puzzle. The symbiotic relationship is a thing of beauty. But in the case of one special woman and one rescued dog, the story of their bond is even more incredible.

Kerri Reid was born 15 weeks prematurely, weighed just 1 pound, 7 ounces, and was legally blind. By the age of 7 she knew she wanted a service dog, and at age 17 she received one from a program in Ohio. Over the following years, Kerri owned four seeing-eye dogs and lived independently, even earning a degree in Human Development and Family Studies at Colorado State University. She then developed and managed a job-seeking skills program for the disabled.

Later, Kerri became ill, developing complications that were likely linked to her premature birth. This strong, independent woman found herself needing a wheelchair to move around. Worse yet, she had to return her seeing-eye dog, because she now had multiple needs from a service animal. Most service dogs from organizations are trained for tasks related to one specific disability, such as blindness, or hearing or mobility impairment. People with multiple disabilities need a cross-trained service dog. Once Kerri had multiple challenges, including seizures, it became complicated to find an appropriate service animal for her.



Kerri felt that her years spent with service dogs gave her the life experience to train her own dog to be exactly what she needed. The success rate for owners who train their own service dogs is only about 1 percent. Dogs trained professionally by organizations undergo years of socialization and training, and there's a substantial fail rate even then. Undeterred and with a heart for rescued animals, Kerri began in 2001 what she expected to be a long search at her local shelter, the Larimer Humane Society in Fort Collins, Colorado.

It was there that a black Labrador Retriever had been taken after roaming the streets. The dog's temperament, personality and intelligence won Kerri over. Within a week, she adopted the homeless dog, and headed back to her assisted living center to begin training Sophie.

Right from the start, Sophie was comfortable among wheelchairs, medical apparatus, and walkers. "For her to mesh in this environment almost right away," said Kerri, "I knew she'd make it as a service dog."

With intense training by Kerri, the pair worked together beautifully. Sophie guided Kerri as she navigated her wheelchair, and Sophie pressed levers to open doors. The glossy black dog was a trusted friend who made Kerri's life easier every day.

There's more to the bond Kerri and Sophie shared. Miraculously, Sophie also had the innate ability to sense Kerri's seizures before they struck, and she alerted Kerri to keep her safer during the seizure. Only about 15 percent of dogs can do this. It's yet another testament to the close bond the two shared, yet another facet of Sophie's service talents, and yet another reason shelter dogs are awesome!



*Did you know that you should never approach or touch a service dog that's out in public with its human unless you ask first? Even if the dog doesn't appear to be working at the moment, it likely IS, and you shouldn't distract it. Asking first gives the two the respect they deserve and keeps the human safe.

-IEAT TIPS for COOL South Florida Dogs

As the South Florida heat and humidity begin to rise, it's a good time to review some tips for keeping your dog cool this summer. Even experienced dog owners can use a refresher course on how easily Fido can suffer heatstroke or worse if not monitored.

Hundreds of dogs die each year as the result of being left in hot cars. It's important to realize how fast the temperature rises inside the vehicle. The mercury can climb to 120 degrees within minutes, even when the window is open a crack or when the car is parked in the shade.

Dogs have an internal temperature that is higher than humans have. Canines also cannot perspire to dispel heat, because they have no sweat glands throughout their bodies. Their less effective methods of cooling are by losing heat through the pads of their feet and by panting. Some breeds handle heat better than others, but short-snouted or flat-faced dogs have the most trouble.

Another thing to keep in mind is that, although dog feet are tougher than human ones, they can still burn on hot surfaces like black asphalt. Because dogs' bodies are closer to the ground than ours, they're also absorbing more heat from the road or sidewalk. Try to walk your dog in early morning before the surfaces are hot, or late in the evening when they've cooled. If possible, find a shady path — and one with grass for walking.

Watch For Heatstroke

Though we tend to be more active in the summer ourselves, don't over-exercise your best friend. Keep a close watch over him. Signs of heatstroke in dogs include:

- excessive panting
- drooling
- rapid heartbeat
- very red or purple tongue
- glazed eyes
- weakness
- vomiting
- collapse



To treat a dog with heatstroke, get him to a veterinarian as quickly as possible. In the meantime, wrap a wet towel over his head, chest, neck and feet pads. Pour cool (not cold) water over him. Try to get him to drink small amounts of water, but be sure it's not seawater or chlorinated water. Don't force him to drink. Do not use ice to cool him down.

Cool Fun

If you have a "water dog" that loves to swim and if you leave him outside, he will probably jump into any available water to cool off. Be sure he's a great swimmer and knows where he can get out of the water. Sometimes dogs enter pools but forget where to climb out when they're finished with their dip.

A great idea is to have a baby pool that you can fill with water for his enjoyment. Be sure it's in a shaded area. Dogs love to romp into and out of the pool or lie down in it, seeming to sigh, "Ahhh," as they cool themselves. Also consider a day at Jupiter Dog Beach, a wonderful outing for both of you.

It goes without saying that your dog needs lots of fresh, cool water to drink on a hot day. If he's outside unattended for any amount of time (not recommended!), make sure he has more than one full water bowl in case he spills one.

Other tips for keeping your buddy cool include frequent brushing or even shaving his coat if he's a long-haired dog. Don't shave too close to his skin, though, because he can get sunburned.

Elderly and overweight dogs or dogs with heart or lung problems should probably stay in air conditioning.

Take these simple precautions, and let the good times roll this summer.

Don't have a dog? Adopt one in time for summer fun!



When the fur flies Airline Travel With Your Dog



More people than ever are considering air travel with man's best friend, but if the fur's gonna fly, there are many things you should consider before takeoff. Knowledge, planning, and caution will help ensure a safe and happy flight for Fido.

First, plan far ahead for air travel with your dog.

~ Research airline policies, fees and requirements.

~ Determine whether your dog is small enough to fly with you in the cabin. Dogs under 12 lbs., 18" from nose to base of the tail, and 15" high or less will be able to fit into a carrier and fly under your seat. Check with your airline for specific size requirements.

~ Book tickets for yourself and your dog. Be sure to let the airlines know you'll be bringing Fido. Expect to pay extra fees for in-cabin flight, and more as baggage or cargo.

~ Book flights at the most comfortable times of day, such as mid-day in colder weather, and morning or evening in warm weather. Federal regulations prohibit shipping live animals if they'll be exposed to temperatures less than 45 degrees F or more than 85 degrees F for more than four hours.

~ Book direct flights without connections or layovers, and avoid the busiest days and times if you can.



~ Have an airline-approved crate or carrier, and be sure your dog is familiar with it. The carrier should be large enough for him to stand, turn around, and lie down in comfortably.

~ Pups younger than 8 weeks are not generally allowed to fly.

~ Your dog should have a microchip as well as a collar and tag with your contact information. Very important! These are your dog's link to you if he's lost.

~ Research any paperwork you'll need, especially if flying outside the country. Dr. Kristy Lund of Lund Animal Hospital in Boca Raton advises: "Plan ahead! I've had clients stuck in countries [and] not able to board connecting flights due to lack of proper paperwork." Find out whether your dog will be quarantined at your destination, and for how long.

 $\sim\,$ Carry a recent photo of your dog, as well as all his veterinary records. Be sure his vaccinations are up to date.

 $\sim\,$ Laws require airlines to verify a health certificate from your vet, who must see Fido within 10 to 14 days of your flight. Make an appointment for this.

~ With your veterinarian, decide whether to sedate your pet. This is not recommended for short-nose breeds like Bulldogs, Pekingese, and Pugs, because high altitude can make it harder for them to breathe. In general, do not tranquilize your pet unless necessary. "I have had many clients whose pets tried to claw out of the carrier the whole trip," says Dr. Lund. "If that's the case, consult your veterinarian for sedation options that are best for your particular dog." Your veterinarian may suggest natural products to calm your pet. If so, try the recommended product ahead of time.

 $\sim\,$ Do not fly with pets that have medical conditions such as kidney or heart disease.

 $\sim\,$ Mark your dog's crate clearly with your contact information and destination. Write his name, add the words LIVE ANIMAL, and add colorful touches to draw attention and make the crate stand out from other baggage.

~ Pack all your dog's medications, food, and vitamins as well as a dog first-aid kit and a leash.

On your travel day:

~ Do not feed your dog within 6 hours of flight time.

 $\sim\,$ Arrive extra-early to the airport, and take Fido for a long walk. Give him as much water as he wants to drink.

 $\sim~$ Placing a few ice cubes in a bowl in his crate may work to give him a drink, although he should be fine without water until the flight is over.

 $\sim\,$ Carry the folder of all your information, health certificate, photo, veterinary history, etc.

~ Be sure there is nothing in your dog's crate that can harm him: no toys he can tear up and choke on, nothing his collar and tag can snag on. Check his crate carefully to see that it's sturdy, well ventilated on opposing sides, leak proof, and lined with soft, absorbent bedding. ~ Do not padlock the crate door, but do make sure it closes securely and stays firmly closed. A twist-tie or clip that can easily be opened by a human may be helpful to further secure the door.

~ Keep your dog out until the last minute possible. Once he's in his crate, if he's not traveling in the cabin with you, try to watch his crate as it's loaded on the baggage conveyor, truck, and plane. Ask airline personnel to check for you that his crate is safely boarded. Be a pain; it's OK! You can even ask the pilot to check that Fido's on board as you pass the cockpit when you board. Tip those who handle his crate or check on him for you. ~ If your dog is in the cabin with you, do your best to see that he does not disturb others. Do not remove him from his crate unless you first ask those around you and the airline personnel.

Cabin flying is the safest way to bring your dog with you. If your dog needs to fly as baggage or cargo, know that, although dogs do so every day without incident, accidents do happen and you can't control situations when the dog is out of your sight.

More and more people are including their four-legged family members in all aspects of their lives, and you can do it safely. It's possible to bring your dog on a dream vacation, or maybe even bring home that wonderful stray you met and fell in love with while you were there — if the fur flies.

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Mark Your Calendar and Join Us for a Fundraising Good Time or Find Your BFF at an Adoption Event!

August 4, 7-10pm

Paint Four Paws Benefits JBAR Foster Program @ArtCellarWellington 10660 Forest Hill Blvd. Paint your own pet! Tickets required, \$45 artcellarwellington.com (561) 792-2272

October 15, 2017, 10 a.m. - Noon

Blessing of the Animals and Beachside Brunch @ R.G. Kreusler Park and Mulligan's Beach House, Lake Worth \$20 pp, includes brunch. For tickets and info (561) 684-1010

October 28, 2017

Golf "Fore" Paws Golf Tournament @ Westchester Country Club, Boynton Beach For registration and info (561) 684-1010

ADOPTION EVENTS!

Weekly Justin Barltett Animal Rescue adoption events across Palm Beach County....Go to *justinbartlettanimalrescue.org/info/events* for listing. Adoption events are generally scheduled for every Saturday at PETCO locations in Deerfield, Boynton Beach, Lake Worth and Stuart AND at

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